

Craigviel Adult Day Program

519-293-3215

Monday to Friday

9:00-4:00

Pam Tweddle

ptweddle@craigvielgardens.on.ca

Ext 226

Colleen Steeper

csteeper@craigvielgardens.on.ca

Ext 228

Daily Activities

10:00 ~ coffee and chitchat

11:00 ~ laundry helpers

11:30 ~ exercises

12:30 ~ Lunch

1:30 ~ scheduled Activity

2:30 ~ hydration station

3:00 ~ departure for home



2026

Monday	Tuesday	Wednesday	Thursday	Friday
Peter 6th Fred 31st Pat H 31st			10:00 ~ coffee and chitchat 1 11:00 ~ laundry helpers 12:30 ~ lunch 1:30 ~ Candied bacon	10:00 ~ coffee and chitchat 2 11:00 ~ laundry helpers 11:30 ~ exercises 12:30 ~ lunch 1:30 Bacon fun 
10:00 ~ coffee and chitchat 5 11:00 ~ exercises 12:30 ~ lunch 1:30 ~ Bingo 	10:00 ~ coffee and chitchat 6 11:30 ~ exercises 12:30 ~ lunch 1:30 Horse ride 	10:00 ~ coffee and chitchat 7 11:00 ~ exercises 12:30 ~ lunch 1:30 ~ Rick music 	10:00 ~ coffee and chitchat 8 11:30 ~ exercises 12:30 ~ lunch 1:30 ~ Oktoberfest 	10:00 ~ coffee and chitchat 9 11:00 ~ exercises 12:30 ~ lunch 1:30 ~ Ukele Club 
Closed 12	10:00 ~ coffee and chitchat 13 11:00 ~ Exercises 12:30 ~ lunch 1:30 Martin 	10:00 ~ coffee and chitchat 14 11:00 ~ exercises 12:30 ~ lunch 1:30 ~ Art with Sheri 	10:00 ~ coffee and chitchat 15 11:30 ~ exercises 12:30 ~ lunch 1:30 ~ Uncle Cam 	10:00 ~ coffee and chitchat 16 11:30 ~ Laundry 12:30 ~ lunch 1:30 ~ Popcorn Activities 
10:00 ~ coffee and chitchat 19 11:00 ~ Music Eric 12:30 ~ lunch 1:30 Music - Karis 	10:00 ~ coffee and chitchat 20 11:00 ~ Art Centr 12:30 ~ lunch 1:30 ~ Applefest 	10:00 ~ coffee and chitchat 21 11:00 ~ exercises 12:30 ~ lunch 1:30 ~ Carmel apples 	10:00 ~ coffee and chitchat 22 11:00 ~ exercises - parachute 12:30 ~ Lunch 1:30 ~ Deb & Fred 	10:00 ~ coffee and chitchat 23 11:00 ~ exercises 12:30 ~ lunch 1:30 ~ CLR 
10:00 ~ coffee and chitchat 26 11:00 Exercises 12:30 ~ lunch 1:30 Halloween Fun 	10:00 ~ coffee and chitchat 27 11:30 ~ exercises 12:30 ~ lunch 1:30 ~ Murder Mystery 	10:00 ~ coffee and chitchat 28 11:30 ~ leavin tracks 12:30 ~ lunch 1:30 ~ Crayon Pumpkins 	10:00 ~ coffee and chitchat 29 11:00 ~ exercises 12:30 ~ lunch 1:30 Jack o lanterns 	10:00 ~ coffee and chitchat 30 11:00 ~ exercises 12:30 ~ lunch 1:30 ~ Halloween Party Playschool 