

Craigviel Adult Day Program

Pam Tweddle
ptweddle@craigvielgardens.on.ca
Ext 226

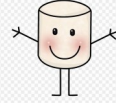
Colleen Steeper
csteeper@craigvielgardens.on.ca
Ext 228

519-293-3215
Monday to Friday
9:00-4:00

Daily Activities
10:00 ~ coffee and chitchat
11:00 ~ laundry helpers
11:30 ~ exercises
12:30 ~ Lunch
1:30 ~ scheduled Activity
2:30 ~ hydration station
3:00 ~ departure for home



2026

Monday	Tuesday	Wednesday	Thursday	Friday
Grant 17th Kali 21st	10:00 ~ coffee and chitchat 11:00 ~ exercise 12:30 ~ lunch 1:30 ~ S'mores 	10:00 ~ coffee and chitchat 1:00 ~ laundry helpers 1:30 ~ exercises 2:30 ~ lunch 1:30 ~ Yatzee 	10:00 ~ coffee and chitchat 11:00 ~ exercises 12:30 ~ lunch 1:30 ~ S'mores 	10:00 ~ coffee and chitchat 11:00 ~ exercises 12:30 ~ lunch 1:30 ~ Country Classics 
 7	10:00 ~ coffee and chitchat 11:00 ~ exercises 12:30 ~ lunch 1:30 ~ Lemonade 	10:00 ~ coffee and chitchat 11:00 ~ laundry helpers 11:30 ~ exercises 12:30 ~ lunch 1:30 ~ Movie day 	10:00 ~ coffee and chitchat 11:00 ~ exercises 12:30 ~ lunch 1:30 ~ Ice cream 	10:00 ~ coffee and chitchat 11:00 ~ The Art Centre 12:30 ~ Lunch 1:30 ~ Lemon fun 
10:00 ~ coffee and chitchat 11:00 ~ Martin Music 12:30 ~ lunch 1:30 ~ Country Fun 	10:00 ~ coffee and chitchat 11:00 ~ exercises 12:30 ~ lunch 1:30 ~ Balloon darts 	10:00 ~ coffee and chitchat 10:30 Leavin Tracks 11:00 ~ laundry hel 12:30 ~ lunch 1:30 CLR 	10:00 ~ coffee and chitchat 11:00 ~ exercises 12:30 ~ lunch 1:30 ~ Marie B 	10:00 ~ coffee and chitchat 11:00 ~ exercises 12:30 ~ lunch 1:30 ~ Bingo 
10:00 ~ coffee and chitchat 11:00 ~ laundry helpers 12:30 ~ Lunch 1:30 ~ Karis 	10:00 ~ coffee and chitchat 11:00 ~ Martin Music 12:30 ~ lunch 1:30 ~ Art with Sheri 	10:00 ~ coffee and chitchat 11:00 ~ laundry helpers 11:30 ~ exercises 12:30 ~ lunch 1:30 ~ Music with Deb And Fred 	10:00 ~ coffee and chitchat 11:00 ~ laundry helpers 11:30 ~ exercises 12:30 ~ lunch 1:30 ~ The fair 	10:00 ~ coffee and chitchat 11:00 ~ laundry helpers 11:30 ~ exercises 12:30 ~ lunch 1:30 ~ Fair activities 
10:00 ~ coffee and chitchat 11:00 ~ exercises 12:30 ~ lunch 1:30 ~ Chocolate Bacon 	10:00 ~ coffee and chitchat 11:30 ~ exercises 12:30 ~ lunch 1:30 ~ Shake the truth 	10:00 ~ coffee and chitchat 11:00 ~ Susie Q-music 12:30 ~ lunch 1:30 ~ Dutch shuffleboard 	Ruby 2nd Shirley 5th Frank 9th	Verla 10th Betty Ann 13th George 16th