

April 2026

Craigviel Gardens SALC Programs



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29	30 3:30pm - DC TRX Class	31	1 11:00 - Depart for Aquafit at Stoneycreek YMCA	2 3:30pm - DC Community Movers Meal Program drop off @ 5:00	3 Closed - Good Friday	4
5	6 Closed - Easter Monday	7 11:00 - depart for Chucks Roadhouse Reasuarant & Dollarama Starthroy	8 11:00 - Depart for Aquafit at Stoneycreek YMCA	9 3:30pm - DC Community Movers Meal Program drop off @ 5:00	10 9:30 am - SL Fit & Friendly	11
12	13 3:30pm - DC TRX Class	14	15	16 3:30pm - DC Community Movers 5:00pm - DC Ribs, baked poato & cheese cake dessert. \$20	17 9:30 am - SL Fit & Friendly 11:00 - Depart for Aquafit at Stoneycreek YMCA	18
19	20 3:30pm - DC TRX Class	21	22 11:00 - Depart for Aquafit at Stoneycreek YMCA	23 3:30pm - DC Community Movers Meal Program drop off @ 5:00	24 9:30 am - SL Fit & Friendly 11:00 - depart for Casino in Clinton	25
26	27 3:30pm - DC TRX Class 11:00 - depart Grand Bend Food Basics & Green Bucks	28	29 11:00 - Depart for Aquafit at Stoneycreek YMCA	30 3:30pm - DC Community Movers Meal Program drop off @ 5:00	1	2
3	4	Notes				