

Craigwiel Gardens

AUGUST 2023 NEWSLETTER

A MESSAGE FROM OUR ACTING EXECUTIVE DIRECTOR SARAH CAMPBELL

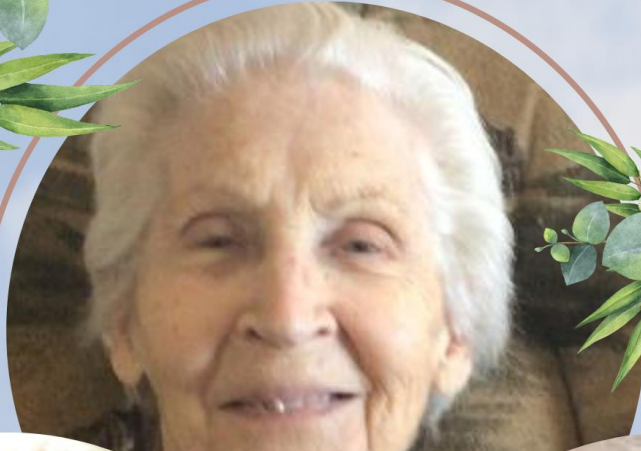
As I sit in my office to write my first newsletter submission in my new role as Acting Executive Director, I am reflecting on the last 2 months and why I am happy to have this opportunity. I have been an employee of Craigwiel Gardens for 23 years. I have had the pleasure of working in several different areas of the home and on the front line. I started in the recreation department in the nursing home as a recreation aide. Loved getting to know the residents and bringing entertainment and enjoyment to them. From there I transitioned to the day program as the Creative Director. Here I organized all the recreational programs for the clients. I did this for many years before I moved into the Day Program Manager role. This manager role led to eventually also managing the recreation department in the nursing home and becoming the Director of Community and Recreational Services. Over the years working here I have had the pleasure of working with great people that have supported and encouraged me along the way and still do as I transition to my new role as Acting Executive Director now.

I just thought it was appropriate to fully introduce myself as I write my first newsletter submission. I enjoy talking to the residents, clients, tenants, family members and volunteers that are our Craigwiel family. I am a born and raised Ailsa Craig girl that still only lives within 20 minutes of the home. I look forward to working hard for Craigwiel Gardens and making it a great place for our seniors as well as our employees who are committed to quality of care.

Enjoy the second half of the summer and the warm sunny weather it hopefully brings.

Sarah

In loving memory of



Marion Abbott

Alberta Steeper

Doug Urbshott



- 6. A patty and a bun. Yum!
- 8. Favorite drink of young salespeople.
- 10. Playground toy you swoosh down.



Ice Cream Flavors

C	B	A	N	A	N	A	A	S	T	N	D
O	P	O	O	N	E	L	C	Y	R	N	T
C	E	G	R	E	L	H	C	R	I	A	U
O	R	S	L	I	S	G	H	R	P	C	N
N	E	I	N	E	D	U	O	E	L	E	L
U	O	A	S	A	A	O	C	B	E	P	A
T	V	E	T	E	O	D	O	W	T	T	W
D	E	R	E	T	R	E	L	A	O	N	E
R	L	C	U	N	Y	I	A	R	R	D	L
O	A	B	L	E	K	K	T	T	N	N	P
G	U	O	G	E	C	O	E	S	A	U	A
L	P	D	N	R	O	O	Y	F	D	U	M
R	U	A	E	G	R	C	C	C	O	T	R
F	M	O	O	S	E	T	R	A	C	K	S

- VANILLA
- CHOCOLATE
- STRAWBERRY
- MOOSE TRACKS
- REESES
- TRIPLE TORNADO
- PECAN
- FUDGE
- COOKIE DOUGH
- MAPLE WALNUT
- COCONUT
- ROCKY ROAD
- GREEN TEA
- BANANA

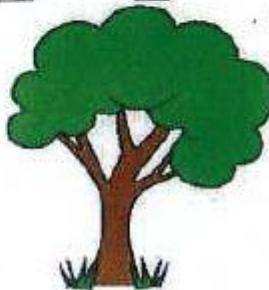
Summer Crossword



Crossword puzzle grid with words filled in:

- Across: BUTTERFLY, BARBEQUE, WEDS, LONG, WAR, FISHING, HIKES
- Down: BICYCLE, WATERMELON, HAMBURGER, LEMONADE, SLEAZEBAG

- Across**
- 1. From caterpillar to _____.
 - 3. dad's grill
 - 4. A gardener's worst enemy.
 - 7. pink juicy fruit
 - 9. In the summer, the weather is _____.
 - 11. I have a rod and reel. Let's go _____.
 - 12. A long walk.
- Down**
- 1. Insect with yellow and black stripes.
 - 2. Healthy summertime transportation.
 - 5. Protective eyewear.
 - 6. A patty and a bun. Yum!
 - 8. Favorite drink of young salespeople.
 - 10. Playground toy you swoosh down.



ANSWERS

CROCK POT BARBECUE CHICKEN



Ingredients

- 6 frozen skinless, boneless chicken breast halves
- 1 (12 ounce) bottle barbecue sauce
- ½ cup Italian salad dressing
- ¼ cup brown sugar
- 2 tablespoons Worcestershire sauce

Directions

1. Place chicken in the slow cooker.
2. Mix barbecue sauce, Italian salad dressing, brown sugar, and Worcestershire sauce in a bowl;
3. Pour barbecue sauce mixture over chicken.
4. Cover and cook on Low for 6 to 8 hours or on High for 3 to 4 hours.
5. Shred to serve.





MONTHLY LOOKBACK





PLEASE NOTE:

**The Administration Office
at Craigwiel Gardens
will be closed
MONDAY AUGUST 7, 2023**



August 2023

Craigwiel Gardens



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 2:00 Church Service (AUD) 3:15 Jigsaw Puzzles (AUD) 6:00 Movie Night (AUD)	 Civic Holiday 1:00 Bunny Visits (ALL) 2:15 Bingo (AUD) 3:15 Library Cart (ALL) 6:00 Ladder Ball (AUD)	Monthly Program Calendar Delivery 10:00 RCC Chapel (AUD) 11:00 Laundry Helpers (AUD) 1:30 Music that Inspires (TOP) 6:30 Yardzee (ALL) 7:30 Read with Me (ALL)	8:00 Breakfast Club (MP) 10:30 Treat Cart (ALL) 1:30 Ice Cream Cart (ALL) 6:30 Crafty Hands (AUD) 7:30 Walk & Roll (AUD)	9:30 Pool Noodle Hockey (AUD) 9:30 Music & Memory (ALL) 11:00 Laundry Helpers (AUD) 1:15 History of Hymns (TOP) 3:15 Words that Inspire (TOP) 6:15 Hymn Sing (AUD)	9:30 Friday Fitness Surprise (AUD) 9:30 Bunny Visits (ALL) 10:30 Facts & Fun (TOP) 2:15 Bingo (AUD)	1:00 Bunny Visits (ALL) 2:00 Baking Bunch (AUD) 6:00 Golfing (AUD)
TO BE ANNOUNCED 13 	Wild West Week 9:30 Boot Tossin' (ALL) 10:30 Bunny Visits (ALL) 11:00 Library Cart (ALL) 2:15 Golden Nugget Bingo (AUD) 3:15 Walk & Roll (AUD) 6:00 Giddy Up Game Night (ALL)	9:30 Glamour Nails (AUD) 10:00 RCC Chapel (AUD) 11:00 Laundry Helpers (AUD) 1:00 Ball Toss (ALL) 2:00 Afternoon Saloon (AUD) 6:30 Mad Dog Card Games (AUD) 7:30 Wild Western Colours (AUD)	8:00 Wrangler's Breakfast (MP) 9:30 Buffalo Bowling (AUD) 10:30 Treat Cart (ALL) 1:30 Ice Cream Cart (ALL) 6:30 Western Movie Night (AUD)	9:30 Cowboy Hat in the Ring Toss (AUD) 10:00 Trivia (TOP) 12:00 Cowboy's Lunch (MP) 2:30 Wild West Games (AUD) 3:15 Mobile Glamour Nails (AUD) 6:00 Axe Throwing (AUD)	9:30 Bunny Visits (ALL) 10:30 Crokinole Club (MP) 2:15 Bingo (AUD) 6:30 Texas Cornhole (MP) 7:30 Walk & Roll (AUD)	1:30 Bunny Visits (ALL) 2:30 Ladder Ball (AUD) 6:00 Campfire & Stories (MP)
2:00 Church Service (AUD) 3:00 Chair Yoga (AUD) 6:00 Golfing For Gold (AUD)	National Seniors Day 9:30 Disc Golf (ALL) 10:00 Bunny Visits (ALL) 11:00 Library Cart (ALL) 2:15 Bingo (AUD) 3:15 Walk & Roll (AUD) 6:00 Bowling (AUD)	9:30 Glamour Nails (AUD) 10:00 RCC Chapel (AUD) 11:00 Laundry Helpers (AUD) 1:00 Ball Toss (ALL) 2:00 Chime Choir (AUD) 6:30 Crafty Hands (AUD) 7:30 Bunny Visits (ALL)	8:00 Breakfast Club (MP) 9:30 Axe Throwing (AUD) 10:30 Treat Cart (ALL) 1:30 Ice Cream Cart (ALL) 6:30 Bean Bag Toss (ALL) 7:30 Happy Hands (ALL)	9:30 Pool Noodle Hockey (AUD) 10:00 Trivia (TOP) 11:00 Laundry Helpers (AUD) 1:30 Music with Carr Denomme (AUD) 3:15 Mobile Glamour Nails (AUD) 6:00 Axe Throwing (AUD)	9:30 Friday Fitness Surprise (AUD) 9:30 Bunny Visits (ALL) 10:30 Facts & Fun (TOP) 2:15 Bingo (AUD)	9:30 Bunny Visits (ALL) 10:30 Sit & Stretch (AUD) 2:00 Campfire & Stories (MP)
9:30 Bunny Visits (ALL) 10:30 Crafty Hands (AUD) 2:00 Church Service (AUD)	9:30 Ladder Ball (AUD) 1:00 Bunny Visits (ALL) 2:15 Bingo (AUD) 3:15 Library Cart (ALL) 6:00 Bowling (AUD)	9:30 Glamour Nails (AUD) 10:00 RCC Chapel (AUD) 11:00 Laundry Helpers (AUD) 1:00 Ball Toss (ALL) 1:30 Resident Council (AUD) 2:30 Food Committee (AUD) 6:30 Bocce Ball (AUD) 7:30 Read with Me (ALL)	8:00 Breakfast Club (MP) 9:30 Disc Golf (ALL) 10:30 Treat Cart (ALL) 2:00 Leavin' Tracks (AUD) 6:30 Ladder Ball (AUD) 7:30 Walk & Roll (AUD)	9:30 Pool Noodle Hockey (AUD) 10:30 Music with Randy Grey (AUD) 1:15 History of Hymns (TOP) 1:30 Hawaii Dance Show (AUD) 3:15 Words that Inspire (TOP) 3:15 Mobile Glamour Nails (AUD) 6:00 Campfire (ALL)		

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