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## October Crossword Solutions



### ACROSS

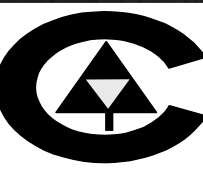
1. Vampire's favorite drink.
4. You use this to cover your face on Halloween.
5. Little creatures that fly at night.
8. You don't want to cross their path.
9. Halloween month.
12. Might be half, full or new.
13. Place where a ghost might be.
14. Treat given out on Halloween.
15. Carved for Halloween.
16. Catches bugs in her web.

### DOWN

2. Halloween favorite color.
3. October 31st
6. Likes to fly on a broom.
7. A word used to scare
10. A skeleton is just a bunch of...
11. They like to howl at the moon.

# Craigviel Gardens *Newsletter*

November 2021



## Message from the CEO

Of Goblins, Saints, and Heroes



On my island dominated by Roman Catholic and Anglican religious traditions, Halloween was not the big celebration it is in Canada. There was the odd trick when some people put salt instead of sugar in ground roasted corn known as “asham” and gave it to a greedy or gullible young person, but that was the extent to what we called “trick or treat”. There were no goblins or scary dressed-up characters – that was left for carnival just before the annual Lenten season in February or on Emancipation Day in August.

Instead, we celebrated “All Saints Day” on November 1<sup>st</sup>. It was the time when people remembered their loved ones who has passed. We lit candles and placed them on the graves of loved ones and on the doorsteps of our homes. Children went to “mass” and offered prayers for the souls of the departed. It was a kind of Remembrance Day except we were not thinking of people who had died because of wars.



But we did observe November 11<sup>th</sup>. as Armistice Day or Remembrance Day by wearing poppies and thinking about men from the islands who went to fight for the mother land and did not return. Whether is All Saints or Remembrance Day the gesture was important. People stopped to pay tribute to loved ones who are no longer with us.

We who work in long-term care are familiar with death and dying and every so often we too pause and pay tribute to residents we have lost. This year we said farewell to many wonderful residents. Many were saints because of how they lived in their communities and how they treated others, our staff included. On November 11, 2021, we will remember them as heroes, and we will light our memorial candle, lower our flag to pay tribute to them as we also remember our sons and daughters lost in battles.



# November Resident Focus

## Eleanor Sadler

On January 11, 1941 Eleanor Anne Park was born in London, Ontario.

She was the 3<sup>rd</sup> child of Bill & Irene Park.

Eleanor was raised in Parkhill and attended North Middlesex District High School. Here she proudly donned the marauder uniform playing basketball.

After High School she went into hair dressing. Later she would marry and have 3 wonderful children Janet, Alan, and Joanne. She also has 4 grand children and 6 great grand children. Eleanor was a wonderful sewer. She could create anything. She also loves crafts, bowling, baking for the Sylvan United Church ladies, and working in retail stores selling clothing. Now her children will be looking forward to spoiling her in years to come.



## November Birthdays



Ruth Delahaye  
Jean Milligan  
Ruby Robertson  
Judy Walters



## Distribution of Future Newsletters

Moving forward we would like to distribute our monthly newsletter through email only if possible. We do have several newsletters emailed out already but for those that are currently getting it by mail we would like you to contact us by the end of November with an email address. If you don't have an email address please give us a call. If you are currently getting the newsletter by mail and we don't hear from you by the end of November we will not be sending you the December newsletter. Please contact Sarah Campbell, 519-293-3216 ext 226 [scampbell@craigwieltgardens.on.ca](mailto:scampbell@craigwieltgardens.on.ca)

## Annual Flu Vaccine

Craigwiel Gardens has received the annual flu vaccine and will be giving the resident's their annual flu shot 28 days after they received their COVID-19 booster. Registered staff will be contacting family for consent in the near future. If you have any questions or concerns please call Nicole DOC or the Charge Nurse.



## McCann Redi – Mix

Pictured Left to Right:

Jesse McCann, Blair McCann, Adam McCann, Jackie Wells (Chair-Building A New Craigholme Committee), Ben McCann, Bill McCann, & Clint McCann, "Building A New Craigholme Committee Member: Glenn Phillips and Vice Chair of the Committee Bev Shipley

McCann Redi-Mix is very proud to support the "Building A New Craigholme" Campaign with a donation of \$25,000. The Capital Campaign with a goal of \$1.25M has now reached 90% thanks to community focused businesses like McCann Redi-Mix.

McCann Redi-Mix, established in 1953, is a family owned and operated company. Their head office is in Mt. Carmel with redi-mix plants located in Mt. Carmel, Exeter, Mitchell and Watford. As a family, they take great pride in the quality of their projects. Their bright yellow trucks are an icon on our roads.



## Nancy Powers

Left to Right

Jennifer Gillies, Board Chair Craigwiel Gardens, generous donor Nancy Powers and former Building A New Craigholme Capital Campaign Coordinator, currently Reception and Admin Assistant at the long term facility, Shannon Churchill. Mrs. Powers has pledged \$5,000.00 over 5 years and wishes to make it a memorial for her recently passed mother, Barbara Powers. Nancy has been involved in many fund raising efforts in the area over the years and her partner in crime is usually Shannon Churchill, and once again she is supporting a great cause. The community fundraising goal is \$1.25 million dollars and at the time of this photo, the campaign committee reported that they were over 87% to their goal.



## Middlesex Mutual Insurance Company

Pictured left to right: Glenn Phillips-Committee Member, Jackie Wells-Chair of Committee, Irene Howarth-Vice-Chair Craigwiel Gardens Board of Directors, Colin George-CEO, MMIC, Tara McKenzie-Insurance Sales Agent, MMIC and Penny Melhado-Marketing Manager, MMIC

*The Middlesex Mutual Community Spirit Committee meets each year to determine a funding focus. In 2020, we chose to support Covid-19 relief efforts happening within our local communities. The programs/projects chosen offer care for seniors or children and provide support and tools for coping with the stresses brought on by a global pandemic.*

*The committee felt the new Craigholme Building project met all of the above criteria. A new long-term care home ensures high-quality accommodations and services will be available for seniors close to their families, friends, and the communities they have called home all their lives. We are proud to be a part of this exciting endeavour.*



## Libro Credit Union

Pictured left to right:

Libro Leadership Team, Jesse Terpstra, Michelle Lines, Jerry Delaey, Natalie Close, Cathy Thompson, Rebecca Stewart

Front row: Craigwiel Gardens volunteers: Jennifer Gillies, Board Chair, Jan & John Bender, Committee Members

Libro Credit Union generously donated to the "Building A New Craigholme" Capital Campaign at Craigwiel Gardens and made a short stop to talk about the project and enjoy a photo. They are supporting 4 projects locally in the Lambton, Kent, Middlesex region and Craigwiel Gardens was one of the lucky recipients.

The credit union grants funds to applicants on an annual basis and Libro's Owner Representatives participate in the grant evaluation process.



## Christmas 2021 at Craigholme

The recreation team is inviting family to come in and participate in some Christmas programs to celebrate the joy of Christmas with their loved one. We do recognize that we still need to be cautious with COVID restriction and safety of our residents so we have designed 6 programs in December that we ask family sign up for in advance. Each program will have limited space so we can allow social distancing between families. If you would like to join your loved one for a Christmas activity please email or call Sarah Campbell to sign up at 519-293-3215 ext. 226 or [scampbell@craigwieltgardens.on.ca](mailto:scampbell@craigwieltgardens.on.ca)

- **Family Christmas Program** (Caroling, Spiritual Readings and refreshments)

December 2, 9, 16, 23 from 6 to 7 pm

- **Christmas Centrepiece Making**—December 8 at 2 pm

- **Decorating Santa Cookies**—December 22 at 2 pm  
(Grandkids welcome and encouraged)



### **Book a Family Christmas in our Board room:**

We would like to allow families the opportunity to have a small Family Christmas in our Board Room. It would need to be booked through Sarah Campbell and the room holds a maximum of 8 people. We can only offer the times from 4 to 8 pm. No day time bookings. You are able to bring in food and enjoy a meal together. Food will not be available through Craigwiel Gardens.



### **Building A New Craigholme Update**

The Building A New Craigholme Committee: Jackie Wells – Chair, Bev & Barb Shipley – Vice Chairs, Irene Howarth – Vice Chair, Board of Directors, Jennifer Gillies – Chair Board of Directors, Jan & John Bender, Glenn Phillips, Glen Welch, Shannon Churchill, Ernie Harris, Ex-officio.

Currently we are **over 90%** toward our \$1.25 community fund raising goal.

#### **Every gift counts!**

For more information, please contact Shannon at 519-293-3215 ext. 210, [shchurchill@craigwieltgardens.on.ca](mailto:shchurchill@craigwieltgardens.on.ca), or visit [www.craigwieltgardens.on.ca](http://www.craigwieltgardens.on.ca)



We would like to extend a big **THANK YOU** for supporting Craigwiel's Adult Day Program Outdoor Crafter's Market! October 2<sup>nd</sup> was perfect fall weather for outdoor shopping! I hope everyone had a great time. It was so nice to have the community support. The money raised will help families and caregivers support their loved ones that choose to live at home. Congrats, to all who contributed to make it so successful!

Sincerely,

Craigwiel Adult Day Program

## New Resident Program

### E-Buddies

Our goal for E-Buddies is to help residents stay connected to their loved ones through a fun and interactive way. Residents will be set up with an email to connect and communicate back and forth with their family/friends once a week with assistance from the Recreation Staff. If you are interested in participating with your loved one, please send your name, residents name and your email to the Recreation Department. [enrichment@craigwieltgardens.on.ca](mailto:enrichment@craigwieltgardens.on.ca)



### Picture Reminiscing

Our goal for Picture Reminiscing is for the residents to be reminded of their journey through life through interactive pictures on a slide show organized by the recreation staff. If you are interested in this program for your loved one, please send your name, residents name and pictures you would like to be in the slide show to the Recreation Department. [enrichment@craigwieltgardens.on.ca](mailto:enrichment@craigwieltgardens.on.ca)



## Welcome!

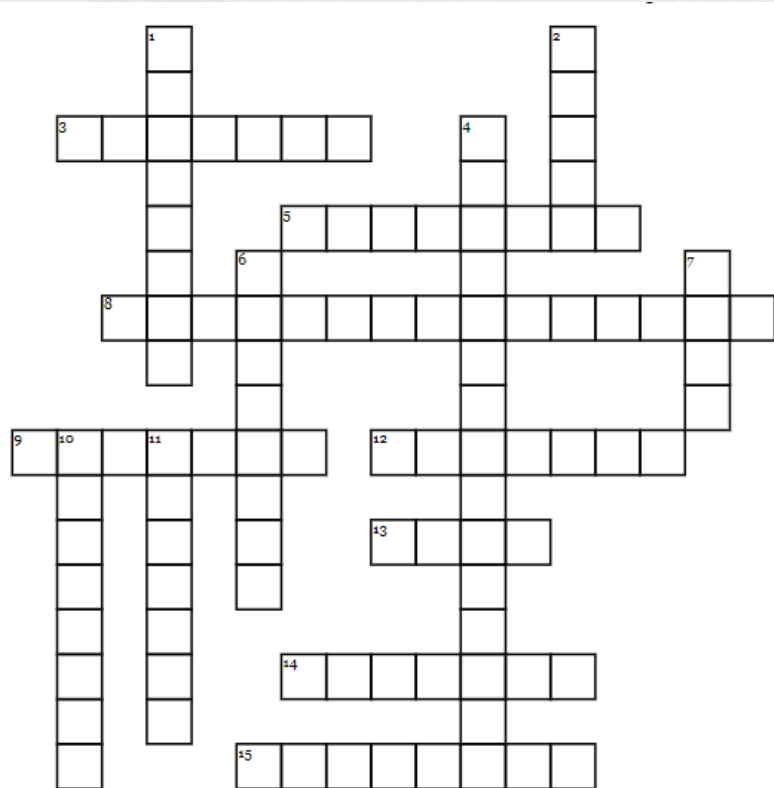
### Program of the Month

The residents enjoyed themselves while participating in many fall crafts this month. Painting pumpkins, painting leaves and colouring!





# Remembrance Day Crossword



**Across**

### 3. Soldiers fight in

5. In which month do we remember

8. A famous poem by John MaCrea

9. What usually marks the resting place of Soldiers

**12.** absolutely no sound

13. thanks to them we are

14. They grow in Flanders Fields

**15.** They fought for our freedom

Down

1. they came home

1. they came home

2. the instrument played before the 2 minutes of silence

4. Legions have these

6. The \_\_\_\_ hour of the  
\_\_\_\_ day of the \_\_\_\_

7. symbol of our country

10. we will \_\_\_\_\_

11. thank you for your



## New Residents

We are excited to welcome our 3 newest residents to our Craigholme Family and look forward to getting to know each of them! From left to right: Jackie Stewart, Greta Ciolfe, and Jean Milligan



# November 2021

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>8:30 Calendar Delivery</p> <p>9:30 Balloon Badminton</p> <p>9:30 Library Cart</p> <p>10:30 Pathways</p> <p>10:30 Bunny Visits</p> <p>1:30 Glamour Nails</p> <p>2:00 Crafters Corner</p> <p>3:00 Read with me</p>	<p>9:30 Tuesday Trivia</p> <p>9:30 Bunny Visits</p> <p>10:30 Walk &amp; Roll</p> <p>10:30 Laundry Helpers</p> <p>10:30 Chapel</p> <p>1:15 Devotions</p> <p>1:30 Balloon Badminton</p> <p>2:00 Bingo</p> <p>3:15 Music that Inspire</p> <p>6:15 Bowling</p>	<p>9:30 Wednesday Word Games</p> <p>9:30 Treat Cart</p> <p>9:30 No Falls Fun &amp; Fitness</p> <p>11:00 Lunch in Port Franks at Grog's</p> <p>4:00 Door to Door Visits</p> <p>6:15 Horse Races</p>	<p>9:30 Sensory Visits</p> <p>9:30 Bunny Visits</p> <p>10:30 Roman Catholic Mass</p> <p>10:30 Creative Colours</p> <p>10:30 Laundry Helpers</p> <p>1:30 Music &amp; Memory</p> <p>1:15 History of Hymns</p> <p>2:00 Chime Choir</p> <p>3:00 Busy Hands</p> <p>3:15 Words that Inspire</p> <p>6:15 Hymn Sing</p>	<p>9:30 Sensory Visits</p> <p>9:30 Bunny Visits</p> <p>10:30 Pool Noodle Hockey</p> <p>10:30 Creative Colours</p> <p>10:30 Laundry Helpers</p> <p>1:15 History of Hymns</p> <p>2:00 Music with Uncle Cam</p> <p>3:15 Words that Inspire</p> <p>6:15 Hymn Sing</p>	<p>9:30 Bunny Visits</p> <p>9:30 Friday Fitness Surprise</p> <p>10:30 Games</p> <p>2:00 Bingo</p> <p>6:15 Pub Night</p>	<p>9:30 Walk &amp; Roll</p> <p>10:30 Laundry Helpers</p> <p>2:00 Euchre Club</p> <p>3:00 Music &amp; Memory</p>
<p>9:30 Bunny Visits</p> <p>10:00 Baking Bunch</p> <p>2:00 Church Service</p> <p>3:30 Tasty Traveler</p>	<p>9:30 Tuesday Trivia</p> <p>9:30 Bunny Visits</p> <p>10:30 Walk &amp; Roll</p> <p>10:30 Laundry Helpers</p> <p>10:30 Chapel</p> <p>1:15 Devotions</p> <p>1:30 Balloon Badminton</p> <p>2:00 Bingo</p> <p>3:15 Music that Inspire</p> <p>6:15 Bowling</p>	<p>9:30 Wednesday Word Games</p> <p>9:30 Treat Cart</p> <p>9:30 No Falls Fun &amp; Fitness</p> <p>10:30 Busy Hands</p> <p>1:30 Fall Drive</p> <p>4:00 Door to Door Visits</p> <p>6:15 Horse Races</p>	<p><b>REMEMBRANCE DAY</b></p> <p>9:30 Sensory Visits</p> <p>9:30 Bunny Visits</p> <p>10:30 Remembrance Day Ceremony</p> <p>11:00 Moment of Silence</p> <p>1:15 History of Hymns</p> <p>2:00 Remembrance Day Tribute</p> <p>3:15 Words that Inspire</p> <p>6:15 Hymn Sing</p>	<p>9:30 Sensory Visits</p> <p>9:30 Bunny Visits</p> <p>10:30 Pool Noodle Hockey</p> <p>10:30 Creative Colours</p> <p>10:30 Laundry Helpers</p> <p>1:15 History of Hymns</p> <p>2:00 Music with Uncle Cam</p> <p>3:15 Words that Inspire</p> <p>6:15 Hymn Sing</p>	<p>9:30 Stitch in Time</p> <p>9:30 Friday Fitness Surprise</p> <p>10:30 Chime Choir</p> <p>1:00 Music &amp; Memory</p> <p>2:00 Bingo</p> <p>3:00 Bunny Visits</p> <p>6:15 Pub with Randy Grey</p>	<p>9:30 Bunny Visits</p> <p>10:30 Laundry Helpers</p> <p>2:00 Euchre Club</p> <p>3:00 Music &amp; Memory</p>
<p>9:30 Bunny Visits</p> <p>10:00 Trivia</p> <p>2:00 Church Service</p> <p>3:30 Hand Massages</p>	<p>9:30 Tuesday Trivia</p> <p>9:30 Bunny Visits</p> <p>10:30 Walk &amp; Roll</p> <p>10:30 Laundry Helpers</p> <p>10:30 Chapel</p> <p>1:15 Devotions</p> <p>1:30 Balloon Badminton</p> <p>2:00 Bingo</p> <p>3:15 Music that Inspire</p> <p>6:15 Bowling</p>	<p>9:30 Wednesday Word Games</p> <p>9:30 Treat Cart</p> <p>9:30 No Falls Fun &amp; Fitness</p> <p>10:30 Stitch in Time</p> <p>11:00 Lunch at Dolcetto's</p> <p>4:00 Door to Door Visits</p> <p>6:00 Movie Night</p>	<p>9:30 Sensory Visits</p> <p>9:30 Bunny Visits</p> <p>10:30 Pool Noodle Hockey</p> <p>10:30 Creative Colours</p> <p>10:30 Laundry Helpers</p> <p>1:15 History of Hymns</p> <p>2:00 Music with Uncle Cam</p> <p>3:15 Words that Inspire</p> <p>6:15 Hymn Sing</p>	<p>9:30 Sensory Visits</p> <p>9:30 Bunny Visits</p> <p>10:30 Pool Noodle Hockey</p> <p>10:30 Creative Colours</p> <p>10:30 Laundry Helpers</p> <p>1:15 History of Hymns</p> <p>2:00 Monthly Birthday Party</p> <p>3:15 Words that Inspire</p> <p>6:15 Hymn Sing</p>	<p>9:30 Bunny Visits</p> <p>9:30 Friday Fitness Surprise</p> <p>10:30 Games</p> <p>2:00 Bingo</p> <p>6:15 Pub Night</p>	<p>9:30 Bunny Visits</p> <p>10:30 Laundry Helpers</p> <p>2:00 Euchre Club</p> <p>3:00 Music &amp; Memory</p>
<p>9:30 Bunny Visits</p> <p>10:00 Baking Bunch</p> <p>2:00 Virtual Church Service</p> <p>3:30 Tasty Traveler</p>	<p>9:30 Tuesday Trivia</p> <p>9:30 Bunny Visits</p> <p>10:30 Walk &amp; Roll</p> <p>10:30 Laundry Helpers</p> <p>10:30 Chapel</p> <p>1:15 Devotions</p> <p>1:30 Balloon Badminton</p> <p>2:00 Bingo</p> <p>3:15 Music that Inspire</p> <p>6:15 Bowling</p>	<p>9:30 Wednesday Word Games</p> <p>9:30 Treat Cart</p> <p>9:30 No Falls Fun &amp; Fitness</p> <p>10:30 Busy Hands</p> <p>1:30 Fall Drive</p> <p>2:00 Resident Council</p> <p>3:00 Food Committee</p> <p>4:00 Door to Door Visits</p> <p>6:15 Horse Races</p>	<p>9:30 Sensory Visits</p> <p>9:30 Bunny Visits</p> <p>10:30 Pool Noodle Hockey</p> <p>10:30 Creative Colours</p> <p>10:30 Laundry Helpers</p> <p>1:15 History of Hymns</p> <p>2:00 Monthly Birthday Party</p> <p>3:15 Words that Inspire</p> <p>6:15 Hymn Sing</p>	<p>9:30 Sensory Visits</p> <p>9:30 Bunny Visits</p> <p>10:30 Pool Noodle Hockey</p> <p>10:30 Creative Colours</p> <p>10:30 Laundry Helpers</p> <p>1:15 History of Hymns</p> <p>2:00 Monthly Birthday Party</p> <p>3:15 Words that Inspire</p> <p>6:15 Hymn Sing</p>	<p>9:30 Stitch in Time</p> <p>9:30 Friday Fitness Surprise</p> <p>10:30 Chime Choir</p> <p>1:00 Music &amp; Memory</p> <p>2:00 Bingo</p> <p>3:00 Zen Massage</p> <p>6:15 Pub</p>	<p>9:30 Bunny Visits</p> <p>10:30 Laundry Helpers</p> <p>2:00 Euchre Club</p> <p>3:00 Music &amp; Memory</p>
<p><b>ADVENT BEGINS</b></p> <p>9:30 Bunny Visits</p> <p>10:00 Trivia</p> <p>2:00 1<sup>st</sup> Advent Church Service</p> <p>3:30 Hand Massages</p>	<p>9:30 Tuesday Trivia</p> <p>9:30 Bunny Visits</p> <p>10:30 Walk &amp; Roll</p> <p>10:30 Laundry Helpers</p> <p>10:30 Chapel</p> <p>1:15 Devotions</p> <p>1:30 Balloon Badminton</p> <p>2:00 Bingo</p> <p>3:15 Music that Inspire</p> <p>6:15 Bowling</p>	<p>9:30 Wednesday Word Games</p> <p>9:30 Treat Cart</p> <p>9:30 No Falls Fun &amp; Fitness</p> <p>10:30 Busy Hands</p> <p>1:30 Fall Drive</p> <p>2:00 Resident Council</p> <p>3:00 Food Committee</p> <p>4:00 Door to Door Visits</p> <p>6:15 Horse Races</p>	<p>9:30 Sensory Visits</p> <p>9:30 Bunny Visits</p> <p>10:30 Pool Noodle Hockey</p> <p>10:30 Creative Colours</p> <p>10:30 Laundry Helpers</p> <p>1:15 History of Hymns</p> <p>2:00 Monthly Birthday Party</p> <p>3:15 Words that Inspire</p> <p>6:15 Hymn Sing</p>	<p>9:30 Sensory Visits</p> <p>9:30 Bunny Visits</p> <p>10:30 Pool Noodle Hockey</p> <p>10:30 Creative Colours</p> <p>10:30 Laundry Helpers</p> <p>1:15 History of Hymns</p> <p>2:00 Monthly Birthday Party</p> <p>3:15 Words that Inspire</p> <p>6:15 Hymn Sing</p>	<p>9:30 Stitch in Time</p> <p>9:30 Friday Fitness Surprise</p> <p>10:30 Chime Choir</p> <p>1:00 Music &amp; Memory</p> <p>2:00 Bingo</p> <p>3:00 Zen Massage</p> <p>6:15 Pub</p>	<p>9:30 Bunny Visits</p> <p>10:30 Laundry Helpers</p> <p>2:00 Euchre Club</p> <p>3:00 Music &amp; Memory</p>