

# Craigwiel Gardens

## *Newsletter*

September 2021



## Message from the CEO

Dear Reader

Once again, we come to September and the talk is about another wave of COVID. It is scary to think that we may have to initiate restrictions on our visits or even stop them. We at Craigwiel however, will do all in our power to maintain the gains we have made in the last few months for the benefit of our residents. For many people September is seen as the beginning or re-start of work after the Summer with its slower pace. In Long-term Care, there is little or no slow pace. Residents must be cared for during Winter, Spring, Summer or Fall. It is a privilege we take seriously. So, for caregivers who were away, we say welcome back. What are we looking forward to this Fall? As announced by the Ministry of Health, there is the possibility of a third dose of vaccine for our vulnerable residents.

.Our residents have not lost their right to vote, so we are looking forward to voting in September for our Federal government representative. We are in the process of planning our fall activities which may include another Kids Halloween Parade. Thanksgiving Dinner is usually a big hit with residents. Depending on the state of the 4<sup>th</sup> Wave we would like family members to join their loved ones. We have veterans in our home that make Remembrance Day special for them. Of course, there are the preparations for the Christmas season. As you can tell the fall is shaping up to be another busy season. I hope you find the time to join us for some of the activities.

*Ernie*



*Goodbye August  
Thank You,  
and  
Welcome September  
May God bless us  
with good health,  
peace, love and joy.*



# Outing at the Crown and Turtle for Lunch

Some residents were finally able to enjoy a nice meal out on the town! We had a leisurely walk down to the crown & turtle on a beautiful sunny day. It was well deserved, and they loved it!



## Welcome Margaret

We are also pleased to welcome Margaret Ward to our Craigholme Family. Margaret has an infectious smile and loves to stay busy. She has a great sense of humour and laughs at pretty much anything! We are thrilled to get to know Margaret more!





## September Resident Focus

### Andrew Petrasiunas



In his hundredth year, Andrius (Andrew) Petrasiunas continues his life that began in Lithuania in the 1922. As the middle child of the five, he enjoyed his earlier years on the family farm among his siblings and relatives. Sent away for high school, he finished just as WWII began. He travelled with his uncles and their families to spend the later war years in Austria. After the war, he was able to come to Canada as an indentured servant. From the forests of northern Ontario via a relative's farm he came to work in London. Here he met his wife Ona and they were married in the summer of 1950. Together they brought up and educated three children. Although he worked in a dairy, he also spent many years on committees for the London Lithuanian community and the church that they established within the London diocese. He enjoyed fishing and gardening. Family summer weekends were spent either at friends' farms or at a beach. He could spend hours swimming/floating on the water, or so it seemed to his children. He also travelled with his family to visit relatives in the US. Later he was able to travel to Europe with Ona to visit his Austrian home and a brother living in Germany. He also made several trips to Lithuania to reconnect with siblings when that became possible.

Now he is totally fascinated by communication through FaceTime on the iPad. His children, grandchildren and great grandchildren continue to be a part of his life and wish him many years to come. (135 or bust!!!)

## Welcome Betty



We are excited to welcome Betty Hall to our Craigholme Family. Betty has 8 Children and worked with the VON for over 20 years! She loves to chat and tell stories and is very helpful to others. We look forward to getting to know Betty!



### September Birthdays

Ruth Hughston

Len Degoffau

Hilda Velema

### Resident Christmas Gifts

We would like to have a gift for all Residents on Christmas morning valued at \$25. If families could help provide these gifts for their loved one, we will make Christmas morning special. If you are able to purchase a gift valued at \$25 for your loved one, please bring to the main office unwrapped by November 26, 2021. If you have any questions about this please feel free to give Sarah Campbell a call at ext. 226 or email her at [scampbell@craigwieltgardens.on.ca](mailto:scampbell@craigwieltgardens.on.ca)



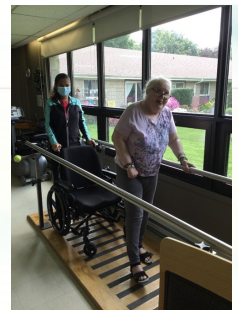


## Restorative Care Program

I am Melissa Elliot, Restorative Care Co-Ordinator at Craigiwel Gardens. I started working at Craigiwel Gardens as a PSW in 2009. In 2018 I attended the Restorative Care Course Through Canadian Centre for Activity and Aging and received my Restorative Care Certificate. I have a passion for the elderly and making a difference in their lives. It is my desire to assist and promote the residents to maximize his/her remaining strengths and abilities to attain/maintain the maximum level of function possible or desired.

Restorative Care refers to interventions that promote the resident's ability to adapt and adjust to living as independently and safely as possible. This concept actively focuses on achieving and maintaining optimal physical, mental, and psychosocial functioning. Skill practice in such activities as walking and mobility, dressing and grooming, eating and swallowing, transferring, amputation care, and communication can improve or maintain function in physical abilities and Activities of Daily Living (ADL) and prevent further impairment.

Here at Craigiwel Gardens we offer 1:1 Restorative Care Exercise sessions as well as Group Exercise sessions.



**Improve and maintain resident's strength and abilities**

## Resident Memories of the First Day of School

- Getting back together with friends—Fern S
- Trying to find my seat. The teacher would re-arrange it every year—Jim D
- Two neighbors a foot taller than me, walking me to school a 1/4 mile—Mabel Mc
- I had to walk a mile to the one room schoolhouse. There were 4 of us in the same grade. The other grades varied in sizes. I liked my Teachers and enjoyed school—Marg U
- I loved recess. It was 15 minutes of no worries—Betty H
- Getting back with the gang and playing baseball. I really liked chasing after the pop flies in the field—Dale S



# Building a New Craigholme—Capital Campaign

## Tony and Henny right

Meet Tony and Henny Engel of Ailsa Craig. Two more generous supporters of Building A New Craigholme. Henny served on the Board of Directors and volunteered for many years at Craigwiell Gardens. Thank you!! Every Gift Counts!



## Ruth Meyer—Above

Another generous donation for "Building A New Craigholme". Ruth Meyer, local resident and author. Thank you Ruth!

# Thank You



## Johnson—Left

Another generous

"masked" donation to "Building A New Craigholme" from Johnson's Sanitation Services Ltd. Pictured left to right, Shirley Johnson - Beverly Johnson - Lamoureux. Thank you for your support

What a wonderful project is underway at Craigwiell Gardens! Pete's parents were both residents at Craigholme and we were always so impressed with the care and compassion of the dedicated staff. This new building will provide a very beautiful and modern setting for Craigwiell's mission to provide for the health, well-being and dignity of the people they serve. Our community is truly blessed to have Craigwiell Gardens and we wish you well in this very important endeavour.

## Lynn and Pete McClary—Right



## McClary above

L-R Barb Shipley, Vice Chair, Jennifer Gillies, Chair of the Board of Directors, Lynn McClary, & Pete McClary



## JAZZ by the WILLOWS

GARDEN PARTY

Sunday, September 12 | 1:00 - 5:00 pm  
Entertainment by Sonja Gustafson  
Refreshments & hors d'oeuvres included

**Willow Creek Barn Events**  
12005 Argyle Street, Ailsa Craig  
Rain or Shine event

**Tickets: \$75/person**  
Tickets available at Ailsa Craig Home Hardware  
or from Shannon Churchill, Craigwiell Gardens,  
519-293-3215 ext. 210  
schurchill@craigwiellgardens.on.ca

**LEARNERS**  
LAWYERS  
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**Craigwiell Gardens**  
Building A New Craigholme

# Every Gift Counts

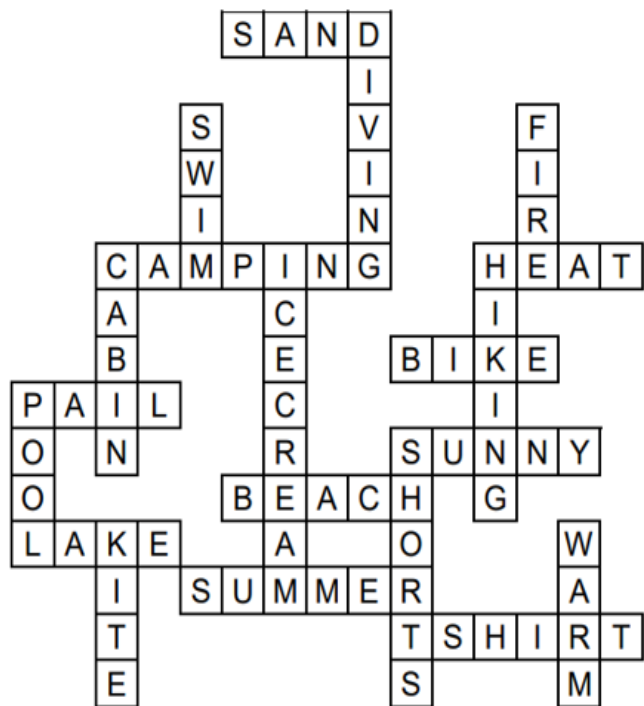


# August Crossword Solutions

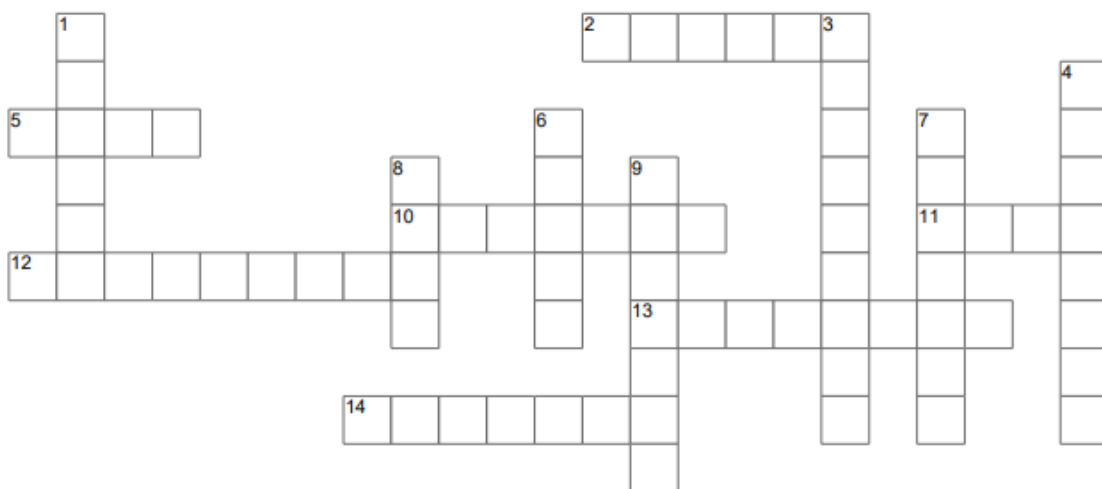


## Halloween Parade

We would like to have our 2nd annual Halloween Parade for the residents. We would like to ask the community, family and staff to bring their little ones dressed up Sunday, October 31 at 2 pm for the parade. We will have special treats for all.



## September Crossword



### ACROSS

2. What falls from a tree in Autumn.
5. Another name for Autumn
10. Another Autumn month
11. You can gather fallen leaves with this
12. First month of Autumn
13. A small rodent
14. You can use it to make a pie or for carving

### DOWN

1. This color can be made from yellow and red
3. Scares crows from fields
4. Last month of Autumn
6. Fruit of the oak tree
7. To reap or gather
8. Vegetable that grows in stalks
9. Spring, summer, fall, winter are the four .....



# September 2021

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>5</b> 9:30 Bunny Visits 10:30 Video Chapel 2:00 Roll a Trump 3:00 Sparkling Specs	<b>6</b> <u>Labor Day</u> 9:30 Library Cart 10:30 Read with Me 2:00 Chase the Ace Game 3:00 Music & Memory	<b>7</b> 9:30 "School Days" 9:30 Bunny Circle 10:30 Laundry Helpers 10:30 Chapel 1:15 Devotions 1:30 Balloon Badminton 2:00 Bingo 3:15 Music That Inspires 6:15 Pub Night	<b>8</b> 9:30 Morning Muffins 9:30 Treat Cart 10:30 Creative Colours 1:30 Ice-Cream Drive 4:00 Friendly Visits 6:15 Horse Races	<b>9</b> 9:30 Pool Noodle Hockey 9:30 Sensory Visits 9:30 Glamour Nails 10:30 Laundry Helpers 10:30 Trivia 1:15 History of Hymns 2:00 Music with Cam 3:15 Words that Inspires 6:15 Singalong with David	<b>10</b> 9:30 Friday Exercise Surprise 9:30 Bunny Visits 10:30 Trivia 2:00 Bingo 3:30 Door to Door Visits 6:15 Baking Club	<b>11</b> 9:30 Bunny Visits 10:30 Laundry Helpers 2:00 Resident Council Poster Making
<b>12</b> <u>Grandparents' Day</u> 9:30 Bunny Visits 10:30 Jacqui's Church Service 1:00 Hymn Sing 2:00 Grandparents Celebration with Apple pie and Cider	<b>13</b> <u>Resident Council Week</u> 9:30 Ball Toss 9:30 Visits with Mr. Tiggs 10:30 Library Cart 1:30 Glamour Nails 3:00 Read with me	<b>14</b> 9:30 Tuesday Trivia 9:30 Bunny Circle 10:30 Laundry Helpers 10:30 Chapel 1:15 Devotions 1:30 Balloon Badminton 2:00 Bingo 3:15 Music That Inspires 6:15 Pub Night	<b>15</b> 9:30 Word Games 9:30 No Falls Fun & Fitness 9:30 Treat Cart 11:00 Lunch to Crabby Joe's 4:00 Friendly Visits 6:15 Horse Races	<b>16</b> 9:30 Pool Noodle Hockey 9:30 True or False 10:30 Laundry Helpers 10:30 Artful Minds 1:15 History of Hymns 2:00 Bowling 3:15 Words that Inspires 6:15 Singalong with David	<b>17</b> 9:30 Friday Exercise Surprise 9:30 Bunny Visits 10:30 Busy Hands 1:30 Sensory Fun 2:00 Bingo 3:00 Door to Door Visits 6:15 Friday Movie Night	<b>18</b> <u>Octoberfest Begins</u> 9:30 Bunny Visits 10:30 Laundry Helpers 2:00 Octoberfest Party (Auditorium)
<b>19</b> 9:30 Bunny Visits 10:30 Church Service with Chaplain David 1:00 Hymn Sing 2:00 Craigwiel Crafternoon 3:00 Sparkling Specs	<b>20</b> <u>Election Day</u> 9:30 Ball Toss 9:30 Library Cart 10:30 iPad Fun 10:30 Read with Me 1:30 Glamour Nails 2:00 Chime Choir 3:00 Read with me	<b>21</b> 9:30 Tuesday Trivia 9:30 Bunny Circle 10:30 Laundry Helpers 10:30 Chapel 1:15 Devotions 1:30 Balloon Badminton 2:00 Bingo 3:15 Music That Inspires 6:15 Pub Night	<b>22</b> <u>First Day of Autumn</u> 9:30 Morning Muffins 9:30 No Falls Fun & Fitness 9:30 Treat Cart 10:30 Creative Colours 1:30 Fall Drive & Tim Hortons 4:00 Friendly Visits 6:15 Horse Races	<b>23</b> 9:30 Pool Noodle Hockey 9:30 Sensory Visits 10:30 Laundry Helpers 10:30 Trivia 1:15 History of Hymns 2:00 Bowling 3:15 Words that Inspires 6:15 Singalong with David	<b>24</b> 9:30 Friday Exercise Surprise 9:30 Bunny Visits 10:30 Trivia 2:00 Bingo 3:30 Zen Massages 6:15 Alpaca Visits	<b>25</b> 9:30 Bunny Visits 10:30 Laundry Helpers 1:00 Walk & Roll 2:00 All Request Music
<b>26</b> 9:30 Bunny Visits 10:30 Virtual Church Service 1:30 Baking Bunch 3:00 Tasty Treats Delivery	<b>27</b> 9:30 Ball Toss 9:30 Library Cart 10:30 Read with Me 2:00 Chime Choir 3:00 Friendly Visits	<b>28</b> 9:30 Tuesday Trivia 9:30 Bunny Circle 10:30 Laundry Helpers 10:30 Chapel 1:15 Devotions 1:30 Balloon Badminton 2:00 Bingo 3:15 Music That Inspires 6:15 Pub Night	<b>29</b> 9:30 Word Games 9:30 No Falls Fun & Fitness 9:30 Treat Cart 10:30 Creative Colours 1:00 Music & Memory 6:15 Horse Races 2:00 Resident Council 3:00 Food Committee 4:00 Friendly Visits 6:15 Horse Races	<b>30</b> 9:30 Pool Noodle Hockey 9:30 Thursday True or False 10:30 Laundry Helpers 10:30 Artful Minds 1:15 History of Hymns 2:00 Scenic Drive 3:15 Words that Inspires 6:15 Singalong with David	"Autumn is a second spring, where every leaf is a flower" - Albert Camus	



## Contacts

**Ernie Harris - CEO Ext. 222**

**eharris@craigwieligardens.on.ca**

**Nicole Fleischauer, RN - Director of Care  
Ext. 223**

**nfleischauer@craigwieligardens.on.ca**

**Sarah Campbell - Director of Community &  
Recreation Services Ext. 226**

**scampbell@craigwieligardens.on.ca**

**John Hamilton -Director of Environmental  
Services/Property Management Ext. 234**

**jhamilton@craigwieligardens.on.ca**

**Sarah McComb - Director of Dietary, Health  
& Safety Officer Ext. 216**

**smccomb@craigwieligardens.on.ca**

**Pam Tweddle - Day Program Coordinator  
Ext. 228**

**ptweddle@craigwieligardens.on.ca**

**Jacqui Moraal - Finance Office Coordinator  
Ext. 225**

**jmoraal@craigwieligardens.on.ca**

**Kate Arnold—Human Resource Manager  
Ext. 279**

**karnold@craigwieligardens.on.ca**

**Shannon Churchill - Reception / Admin  
Ext. 210**

**schurchill@craigwieligardens.on.ca**

**Natasha Morris—Admin Coordinator  
Ext. 283**

**nmorris@craigwieligardens.on.ca**

**Craigwiel Gardens**

**221 Main Street, Ailsa Craig  
ON N0M 1A0**

**www.craigwieligardens.on.ca**

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